

Curriculum

	Level 0	Level 1	Level 2	Level 3
Audience	<ul style="list-style-type: none"> • Introductory Level • Young Leaders 	<ul style="list-style-type: none"> • Casual Coaches • Youth Club Leaders • Asst. Club Coaches 	<ul style="list-style-type: none"> • Community Coaches • Club Coaches • Sports Teachers 	<ul style="list-style-type: none"> • National Team Coaches • High Performance Coaches
Delivery	<ul style="list-style-type: none"> • Online self-paced • F2F/webinar option for group bookings 	<ul style="list-style-type: none"> • Online self-paced • F2F/webinar option for group bookings 	<ul style="list-style-type: none"> • Online self-paced + tutor-led webinars • F2F/webinar option for group bookings 	<ul style="list-style-type: none"> • Online self-paced + tutor-led webinars • F2F/webinar option for group bookings
Assessment	<ul style="list-style-type: none"> • Quizzes 	<ul style="list-style-type: none"> • Quizzes • Session plan submission 	<ul style="list-style-type: none"> • Quizzes • Discussions • Video assessment 	<ul style="list-style-type: none"> • Quizzes • Discussions • Video assessment • Presentation

Section	Lesson	Level 0	Level 1	Level 2	Level 3
Professional Practice	Duty of Care	Basic	Basic	Complex	
	Professional Conduct	Basic	Basic	Complex	
	Mental Health Awareness			Basic	
	Key Legislation & Policy		Basic	Complex	
	Developing Self		Basic	Complex	
	Ethics of Coaching		Basic	Complex	
	Coaching Philosophy			Basic	
	Leadership styles	Basic	Basic	Complex	
	Trends & Issues of Coaching			Basic	Complex
	Pedagogical strategies				Complex
	Use of technology				Complex
	Intrapersonal Knowledge				Complex
	Developing Resilience				Complex
Planning	The participants		Basic	Complex	Advanced
	Hazards & Risk Assessments	Basic	Basic	Complex	
	Planning a Coaching Session	Basic	Basic	Complex	
	Preparing a Coaching Session		Basic	Complex	
	Short, Mid & Long term planning			Basic	
Delivery	Participant Engagement	Basic	Basic	Complex	Advanced
	Communication	Basic	Basic	Complex	Advanced
	A Safe Coaching Environment	Basic	Basic	Complex	
	Inclusive Coaching Environment	Basic	Basic	Complex	
	Delivering High Quality Sessions		Basic	Complex	

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Player Development	Incorporating Physical Conditioning				Complex
	Thinking Tools				Complex
	Development Stages				Complex
	Skill Aquisition				Complex
	Goal setting				Complex
Reflection	Participant Feedback		Basic	Complex	
	Reflection of a Coaching Session	Basic	Basic	Complex	
Background & Ethics of Dodgeball	Background of Dodgeball	Basic	Basic	Complex	Advanced
	Ethics of Dodgeball	Basic	Basic	Complex	Advanced
	Trends & Issues of Dodgeball				Complex
Rules of Dodgeball	Equipment & Space	Basic	Basic		
	Gameplay Rules	Basic	Basic	Complex	
Technical Skills of Dodgeball	Primary Skills	Basic			
	Throwing		Basic	Complex	Advanced
	Dodging		Basic	Complex	Advanced
	Catching		Basic	Complex	Advanced
	Blocking		Basic	Complex	Advanced
	Faking			Basic	Complex
	Trapping			Basic	Complex
	Rushing			Basic	Complex
	Ready & Set Positions			Basic	Complex
	Decision-Making				Complex
Tactical Understanding of Dodgeball	Phases of the Game		Basic		Complex
	Offence		Basic	Complex	Advanced
	Defence		Basic	Complex	Advanced
	Transitions			Basic	Complex
	Situational Play			Basic	Complex
	Team Co-ordination			Basic	Complex